

# HEALTH CHECK UP PLANS



To ensure a Healthy Life, Nidhi Hospital has designed both Economic & Intensive Health Check-Up Programmes which give a complete body profiling of the Patients & help them to track any unforeseen diseases thus diagnosing & treating them to make life more healthy & prosperous. **NIDHI HOSPITAL** is regularly doing Corporate Health Checks for various Indian & Multinational Companies.

## NIDHI EXPRESS

- CBC -ESR
- FBS
- BLOOD GROUP
- URINE ROUTINE
- S. CHOLESTEROL
- CREATININE
- SGPT
- ECG
- DOCTOR CONSULTATION
- CONSULTATION-DENTIST
- CONSULTATION-DIETICIAN

## NIDHI CARDIAC

- CBC -ESR
- FBS
- LIPID PROFILE
- ECG
- TMT
- X-RAY CHEST
- DOCTOR CONSULTATION
- CONSULTATION-DENTIST
- CONSULTATION-DIETICIAN

## NIDHI BASIC

- CBC
- FBS / PPBS
- LIPID PROFILE
- S. CREATININE
- SGPT
- TSH, CALCIUM
- ECG, X-RAY CHEST
- CONSULTATION - PHYSICIAN
- CONSULTATION-DENTIST
- CONSULTATION-DIETICIAN

## NIDHI RHEUMATOID

- CBC WITH ESR
- CRP
- RBS
- ANA
- S.URIC ACID
- RA FACTOR
- CONSULTATION - PHYSICIAN
- CONSULTATION-ORTHOPEDICIAN
- CONSULTATION-DIETICIAN

## NIDHI DIABETIC

- FBS / PPBS
- HB A1c
- URINE FOR MICRO ALBUMIN
- S. CREATININE
- S. LIPID PROFILE
- DOCTOR CONSULTATION
- DOCTOR -OPHTHALMIC
- CONSULTATION-DENTIST
- CONSULTATION-DIETICIAN

## NIDHI BONE HEALTH

- CBC WITH ESR
- URIC ACID
- CALCIUM
- PROTEINS
- BONE MARROW DENSITY
- CONSULTATION ORTHOPEDICIAN

## NIDHI ANAEMIA/NUTRITIONAL DEFICIENCY CHECK UP

- CBC
- URINE ANALYSIS
- STOOL ANALYSIS
- VIT B12
- VIT D3
- S.IRON
- S. CALCIUM
- S.PROTEINS
- X-RAY CHEST
- SONOGRAPHY ABDOMEN
- CONSULTATION - PHYSICIAN
- CONSULTATION-DIETICIAN

## NIDHI WELL WOMAN

- CBC
- FBS/PPBS
- LIPID PROFILE
- LIVER PROFILE
- SKELETAL PROFILE
- PAP SMEAR, TSH
- ECG, X-RAY CHEST
- SONOGRAPHY ABDOMEN
- CONSULTATION - PHYSICIAN
- CONSULTATION-GYNAECOLOGIST
- CONSULTATION - DENTIST
- CONSULTATION-DIETICIAN

# HEALTH CHECK UP PLANS

## NIDHI EXECUTIVE

- CBC
- FBS / PPBS
- LIPID PROFILE
- KIDNEY PROFILE
- LIVER PROFILE
- SKELETAL
- TSH, PSA
- ECG, TMT, X-RAY CHEST
- CONSULTATION - PHYSICIAN
- CONSULTATION-SURGEON
- CONSULTATION-DENTIST
- CONSULTATION-DIETICIAN

## NIDHI CANCER DETECTION MALE

- CBC
- CRP
- TUMOUR MARKERS
- PROSTATE CANCER MARKER
- URINE ANALYSIS
- STOOL ANALYSIS
- THYROID FUNCTION TEST
- X-RAY CHEST
- SONOGRAPHY ABDOMEN
- CONSULTATION-PHYSICIAN
- CONSULTATION-SURGEON

## NIDHI PRE EMPLOYMENT MALE

- CBC WITH ESR
- FBS
- LIVER PROFILE
- KIDNEY PROFILE
- URINE ANALYSIS
- THYROID FUNCTION TEST
- BLOOD GROUP
- INFECTIOUS DISEASE
- ECG
- X-RAY CHEST
- CONSULTATION-PHYSICIAN
- CONSULTATION-SURGEON
- CONSULTATION-OPTHALMIC
- CONSULTATION- ENT

## NIDHI CANCER DETECTION FEMALE

- CBC
- CRP
- TUMOUR MARKERS
- PAP SMEAR
- URINE ANALYSIS
- STOOL ANALYSIS
- THYROID FUNCTION TEST
- X-RAY CHEST
- SONOGRAPHY ABDOMEN
- CONSULTATION-PHYSICIAN
- CONSULTATION-SURGEON
- CONSULTATION - GYNAECOLOGIST

## NIDHI PRE EMPLOYMENT FEMALE

- CBC WITH ESR
- FBS
- LIVER PROFILE
- KIDNEY PROFILE
- URINE ANALYSIS
- THYROID FUNCTION TEST
- BLOOD GROUP
- INFECTIOUS DISEASE
- ECG
- X-RAY CHEST
- CONSULTATION-PHYSICIAN
- CONSULTATION-SURGEON
- CONSULTATION-OPTHALMIC
- CONSULTATION-GYNAECOLOGIST
- CONSULTATION- ENT

## NIDHI OBESITY

- CBC
- LIVER FUNCTION TEST
- THYROID FUNCTION TEST
- KIDNEY FUNCTION TEST
- URINE ANALYSIS
- LIPID PROFILE
- GTT/HbA1c
- VIT B 12
- VIT D3
- IRON
- CALCIUM
- ECG
- X-RAY CHEST
- SONOGRAPHY ABDOMEN
- ECHO CARDIOGRAPHY
- TREAD MILL TEST
- CONSULTATION - PHYSICIAN
- CONSULTATION SURGEON
- CONSULTATION-ORTHOPEDICIAN
- CONSULTATION-DIETICIAN

## NIDHI BREAST CANCER SCREENING CHECK UP

- CBC WITH ESR
- CEA
- RBS
- X-RAY-CHEST
- SONOGRAPHY OF ABDOMEN
- MAMMOSONOGRAPHY
- CONSULTATION - SURGEON
- CONSULTATION - PHYSICIAN

## NIDHI SENIOR CITIZEN

- CBC
- FBS/PPBS
- KIDNEY PROFILE
- LIVER PROFILE
- SKELETAL
- TSH, PSA
- PFT, ECG
- CONSULTATION-PHYSICIAN
- CONSULTATION - ORTHOPAEDICIAN
- CONSULTATION-SURGEON
- CONSULTATION-DENTIST
- CONSULTATION-DIETICIAN
- X-RAY CHEST
- SONOGRAPHY ABDOMEN

## NIDHI COLON CANCER SCREENING CHECK-UP

- CBC
- CRP
- CEA
- STOOL ANALYSIS
- SONOGRAPHY OF ABDOMEN
- COLONOSCOPY
- CONSULTATION - SURGEON

# HEALTH CHECK UP PLANS

## NIDHI GOLD MAN

- CBC
- FBS / PPBS
- LIPID PROFILE
- KIDNEY PROFILE
- LIVER PROFILE
- SKELETAL
- ELECTROLYTES
- INFECTIOUS DISEASE
- HORMONES
- HbA1C
- VIT B 12
- VIT D3
- URINE MICROALBUMINURIA
- PFT, ECG
- TMT 2D ECHO
- X RAY CHEST, SONOGRAPHY ABDOMEN
- CONSULTATION-PHYSICIAN
- CONSULTATION-SURGEON
- CONSULTATION-DENTIST
- CONSULTATION-DIETICIAN

## NIDHI GOLD WOMAN

- CBC
- FBS / PPBS
- LIPID PROFILE
- KIDNEY PROFILE
- LIVER PROFILE
- SKELETAL PROFILE
- ELECTROLYTES
- PAP SMEAR
- INFECTIOUS DISEASE
- HORMONES
- HbA1C
- VIT B 12
- VIT D3
- URINE MICROALBUMINURIA
- PFT, ECG
- TMT 2D ECHO
- X RAY CHEST, SONOGRAPHY ABDOMEN
- CONSULTATION-PHYSICIAN
- CONSULTATION - GYNAECOLOGIST
- CONSULTATION-SURGEON
- CONSULTATION-DENTIST
- CONSULTATION-DIETICIAN

## NIDHI SPECIAL GASTRO - MAN

- CBC
- DIABETIC PROFILE
- LIPID PROFILE
- KIDNEY PROFILE
- LIVER PROFILE
- SKELETAL PROFILE
- ELECTROLYTES
- INFECTIOUS DISEASE
- HORMONES
- PFT, ECG
- TMT 2D ECHO
- X RAY CHEST, SONOGRAPHY ABDOMEN
- CT ABDOMEN & PELVIS
- UGI ENDOSCOPY
- COLONOSCOPY
- CONSULTATION-PHYSICIAN
- CONSULTATION-SURGEON
- CONSULTATION-DENTIST
- CONSULTATION-DIETICIAN

## NIDHI SPECIAL GASTRO - FEMALE

- CBC
- DIABETIC PROFILE
- LIPID PROFILE
- KIDNEY PROFILE
- LIVER PROFILE
- SKELETAL PROFILE
- ELECTROLYTES
- PAP SMEAR
- INFECTIOUS DISEASE
- HORMONES
- PFT, ECG
- TMT 2D ECHO
- X RAY CHEST, SONOGRAPHY ABDOMEN
- CT ABDOMEN & PELVIS
- UGI ENDOSCOPY
- COLONOSCOPY
- CONSULTATION-PHYSICIAN
- CONSULTATION-SURGEON
- CONSULTATION-DENTIST
- CONSULTATION-DIETICIAN

## NIDHI SPECIAL NRI-MAN

- CBC
- DIABETIC PROFILE
- LIPID PROFILE
- KIDNEY PROFILE
- LIVER PROFILE
- SKELETAL PROFILE
- ELECTROLYTES
- INFECTIOUS DISEASE
- HORMONES
- PFT, ECG
- TMT 2D ECHO
- X RAY CHEST, SONOGRAPHY ABDOMEN
- CT BRAIN
- CT THORAX
- CT ABDOMEN & PELVIS
- UGI ENDOSCOPY
- COLONOSCOPY
- CONSULTATION-PHYSICIAN
- CONSULTATION-SURGEON
- CONSULTATION-DENTIST
- CONSULTATION-DIETICIAN

## NIDHI SPECIAL NRI-WOMAN

- CBC
- DIABETIC PROFILE
- LIPID PROFILE
- KIDNEY PROFILE
- LIVER PROFILE
- SKELETAL PROFILE
- ELECTROLYTES
- PAP SMEAR, HORMONES
- INFECTIOUS DISEASE
- PFT, ECG
- TMT 2D ECHO
- X RAY CHEST, SONOGRAPHY ABDOMEN
- BIL. MAMMOSONOGRAPHY
- CT BRAIN
- CT ABDOMEN & PELVIS
- CT THORAX
- UGI ENDOSCOPY
- COLONOSCOPY
- CONSULTATION-PHYSICIAN
- CONSULTATION - GYNAECOLOGIST
- CONSULTATION-SURGEON
- CONSULTATION-DENTIST
- CONSULTATION-DIETICIAN

## NIDHI PRE MARRIAGE GOLD MALE

- CBC
- BL GR & RH FACTOR
- HBA1C
- VIRAL SCREENING
- VDRL
- THALASSEMIA
- SICKLE CELL ANAEMIA
- TSH
- TESTOSTERONE
- URINE R & M
- SEMEN ANALYSIS
- ECG
- CHEST X RAY
- USG ABDOMEN
- HEIGHT
- WEIGHT
- BMI & BODY FAT ANALYSIS
- BLOOD PRESSURE
- PULSE RATE
- RESPIRATORY RATE
- SPO2
- CONSULTATION-PHYSICIAN
- CONSULTATION-SURGEON

## NIDHI PRE MARRIAGE GOLD FEMALE

- CBC
- BL GR & RH FACTOR
- HBA1C
- VIRAL SCREENING
- VDRL
- THALASSEMIA
- SICKLE CELL ANAEMIA
- TSH
- S.PROLACTIN, S. FSH, S.LH
- URINE R & M
- ECG
- CHEST X RAY
- USG ABDOMEN & PELVIS
- HEIGHT
- WEIGHT
- BMI
- BLOOD PRESSURE
- PULSE RATE
- RESPIRATORY RATE
- SPO2
- CONSULTATION-PHYSICIAN
- CONSULTATION-GYNECOLOGIST

## NIDHI PRE MARRIAGE SILVER MALE

- CBC
- BL GR & RH FACTOR
- HBA1C
- VIRAL SCREENING
- THALASSEMIA
- SICKLE CELL ANAEMIA
- TSH
- URINE R & M
- ECG
- CHEST X RAY
- USG ABDOMEN
- HEIGHT
- WEIGHT
- BMI
- BLOOD PRESSURE
- PULSE RATE
- RESPIRATORY RATE
- SPO2
- CONSULTATION-PHYSICIAN
- CONSULTATION-SURGEON

## NIDHI PRE MARRIAGE SILVER FEMALE

- CBC
- BL GR & RH FACTOR
- HBA1C
- VIRAL SCREENING
- THALASSEMIA
- SICKLE CELL ANAEMIA
- TSH
- URINE R & M
- ECG
- CHEST X RAY
- USG ABDOMEN & PELVIS
- HEIGHT
- WEIGHT
- BMI
- BLOOD PRESURE
- PULSE RATE
- RESPIRATORY RATE
- SPO2
- CONSULTATION-PHYSICIAN
- CONSULTATION-GYNECOLOGIST